

How Fully Am I Living True to My Essence? Worksheet #3

The key to greater personal and professional fulfillment is recognizing your essence and doing what empowers you to BE who you truly are.

Essence = divine design = core truth of your being = who you truly ARE

Write **Key focus #1** from Worksheet #2

LIST three actions you will take or habits you will develop to fulfill this intention

Write **Key focus #2** from Worksheet #2

LIST three actions you will take or habits you will develop to fulfill this intention

Write **Key focus #3** from Worksheet #2

LIST three actions you will take or habits you will develop to fulfill this intention

How will you hold yourself accountable for following through?

How will you celebrate your progress, accomplishments, wins, and breakthroughs?